

Facilitation Guide

“Clean Up Time”

By Rachel Rambach

[MP3 Recording](#) | [Lyrics & Chords](#) | [Instrumental Track](#)

Objective(s)

- Increase independence
- Improve ability to follow directions
- Improve fine and gross motor skills (see adaptation)
- Increase verbalization (see adaptation)

Materials

- Guitar

Procedure

1. Discuss that everyone needs to clean up, whether it be their toys or helping mom and dad with chores at home. Brainstorm with participant(s) things they might need to clean up.
2. Repeat the song as many times as needed, giving participants an opportunity to practice the objectives.

Adaptations

- Encourage verbalization (or vocalization, if more appropriate) by asking participants to sing key words such as “clean up time” along with you or to echo you, if appropriate.
- Pairing the lyrics with visuals can improve participant’s object identification skills. Encourage participants to verbally identify the object on each visual.
- American Sign Language could also be paired with the lyrics (i.e. clean up, dishes) to further engage participants and target fine motor skills.
- Additional lyrics can be added to suit the needs of the participants with whom you work. Brainstorm with participant(s) (and their parents/caregivers) situations where they might have to clean up, such as at school, after dinner, etc.